



Orthopedic/orthodontic treatment of children with a cleft. Treatment at the MAFACE Rare Disease Reference Center in Paris

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Abstract :

Cleft lip and palate is the most common congenital facial malformation and still inspires a lot of research work in order to better understand its management.

The treatment of patients with cleft lip and palate can be particularly long, depending on the degree of damage, from birth to the end of growth.

It will require an adapted multidisciplinary management respecting a precise therapeutic calendar linked to the anatomical specificities of this pathology.

Only an intelligent and permanent collaboration between the different actors (including the patient) will allow a durable functional and aesthetic rehabilitation in this particular growth context.

In this context, orthopedic and then orthodontic management is crucial because it will improve function, reduce aesthetic damage and optimize surgical interventions, which will facilitate their realization and improve the prognosis.

Considering the duration of the global treatment and the therapeutic load that results from it, the orthodontist will have to determine with the team of the CRMR (or CCMR) in a precise way the timing of each stage of treatment which will allow an effective action to improve not only the aesthetic and functional result of our patients but also their quality of life.

We propose, through this practical and clinical communication, to specify the main lines of this management.