



## Breathing well to grow better

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### Abstract :

Nasal ventilation is a vital functional necessity. It facilitates olfaction, filtration, humidification and heating of the inspired air, participates in immunity, cerebral thermoregulation, and would also have a morphogenetic role. But what is the real impact of nasal ventilation on facial growth? With a Delairian vision, we will show that ventilation should be exclusively nasal for a good development. Together we will look for the many clinical and radiological clues that are available to us to prevent, detect and treat oral ventilation. This approach requires the involvement of many medical and para-medical specialties that must work in synergy because "breathing well to grow better" is only a team affair!