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Rehabilitation of anterior openbite : from evaluation to treatment within the multidisciplinary team

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Abstract :

Today, the management of patients with malocclusions involves a multidisciplinary approach and the maxillofacial physiotherapist or myofunctional therapist has a place in the team. In order to establish a rehabilitative treatment plan, we must make the most objective assessment possible of the patient's structural and dysfunctional state. The use of modern and relevant tools - oro-facial score (GOS12), ultrasonography - allows us to efficiently analyze, communicate with other professionals and follow the patient's evolution. The resulting rehabilitation must be as focused as possible on the patient and associates restoration of muscular balance (tongue, face muscles...), normo-function (breathing, swallowing...), therapeutic education, and neuro-motor reprogramming. All of this care will allow a final automation of the result in coordination with other professionals, orthodontists, maxillofacial surgeons...